



**11th Annual
SJO5K Run/Recreational Walk
Saturday, July 28th, 2018
Start Time at 7:30 am**



**5K Run/Walk, Kids 1K Fun Run - 7/28/2018 - Official Registration Form –
www.sjo5k.com**

One registration form per participant is required. Copies of this form are also acceptable. **The 5K registration fee is \$25. The Kids 1K Fun Run registration fee is \$10.** Please, No Dogs Allowed.

Race day registration will be from 5:45 AM to 6:45 AM. **Shirts are not guaranteed with race day registration.** Pre-race check-in and registration will be held at the St. Joseph United Methodist Church, 205 N. 3rd St., St. Joseph. (across from Subway at 4-way stop). **No cancellations or refunds allowed.**

Make checks payable to: SJO5K
For more information e-mail: info@sjo5k.com

*Complete and mail registration form along with your payment to:
SJO5K, P.O. Box 354, St. Joseph, IL 61873*

Name: _____ Telephone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ AGE (on July 28th) _____ Check one: Male Female

SJO5K Run/Walk Adult Shirt Size (circle one): S M L XL 2XL

Circle your race choice: 5k Run/Walk Kids1K

RACE AGE DIVISIONS: *Please circle one* (For the 5K Run awards will be presented to the 1st overall male and female runners as well as the top three places in each age division. All kids in the 1K Fun Run will receive a ribbon. Top boy and girl in each age group of the Kids 1K Fun Run will receive a special prize.)

5K Run/Walk: 13 & under 14-18 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60 & Over

Kids 1K Fun Run: 4 – 5 6 – 7 8 – 10

WAIVER

I know that running a road race is a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the village of St. Joseph, the SJO5K, and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature Date Signature (Parent/Guardian if under 18 years old) Date



The SJO5K is an annual running and walking fundraising event that supports the St. Joseph Middle School and St. Joseph-Ogden High School girls and boys cross country and track teams. The proceeds pay for uniforms, warm-ups, travel expenses and helped with costs incurred during the season.

